COVID-19
WAYS WE CAN SERVE IN VIRGINIA

There are many ways you can safely serve during the current health crisis.
Here are a few ways you can help your community right now.

Deliver Meals

Seniors are particularly vulnerable and cannot risk a trip to the grocery store. These seniors are running out of supplies and need our help. Find your local food bank at **https://vafoodbanks.org/** and volunteer through a meals delivery program like Meals on Wheels or visit **https://seniornavigator.org/program-type/home-delivered-meals** for delivering meals to seniors.

Donate to a Shelter, Food Bank, or Nonprofit

Organizations that help our community are running low on food and other vital items. Help them by donating items or money during this emergency. You can contact your local Volunteer Center for a list of local organizations at **http://virginiaservice.virginia.gov/volunteering/volunteer-centers/**. For a list of food banks, **visit https://vafoodbanks.org/**.

Help with Food Distribution at a Food Bank or School

Food banks and schools are in high need of volunteers to pack, sort, and disribute food. Find your local food bank at https://vafoodbanks.org/. For a list of feeding sites for children in Virginia, visit **https://schoolmealfinder.hoonuit.com/?filter_state=va** (or text "food" or "comida" to 877-877 to learn more about food options near you).

Wellness Checks

Check on older neighbors with a call, text, or talk through the door.

Hygiene Kits

Create hygiene kits and drop off at a shelter for people experiencing homelessness to help them stay healthy. Example of Kit: **https://bit.ly/2X4sdep**

Donate Blood

The supply of donated blood is decreasing by the day. Healthy, eligible donors are urged to donate so that lives can be saved during this difficult time. Visit **https://www.redcross.org/local/virginia.html**.

Virginia Service   **VirginiaService.virginia.gov**